

VILLA SPA

At liberty
to be a pleasure .
seeker



Dear guest,

welcome to VILLA SPA. Indulge in our carefully curated programs and treatments designed to help you achieve the perfect balance of body and mind. Choose a unique combination of treatments crafted to awaken your senses, enhance your well-being, and reveal your natural beauty.

We invite you on a journey of pleasure, luxury, and complete devotion to the art of living. Immerse yourself in an unforgettable Mediterranean experience, where centuries-old body care traditions blend seamlessly with the latest technology and award-winning professional service.

For your treatments, we have selected only the finest, locally crafted products – including hand-harvested Ston sea salt and remedies from the Franciscan Pharmacy, one of the oldest pharmacies in Europe.

Discover unique treatments made with Istrian premium olive pomace and medicinal herbs from the Dubrovnik region. For face and body care, we have chosen the luxurious natural Sodashi skincare line.

Villa Spa natural treatments

In our treatments, we use carefully selected natural cosmetics, oils, and creams infused with the healing properties of Mediterranean herbs. Among the most treasured ingredients are those sourced from our local surroundings, cultivated and crafted for centuries following traditional recipes.

STON SEA SALT – one of Europe's finest, rich in iodine and over 80 different minerals.

LOCAL OLIVE OIL – often referred to as liquid gold, renowned for its anti-aging and anti-inflammatory properties.

MEDITERRANEAN HERBS – lavender for its calming and antibacterial effects, immortelle for anti-aging, rosemary to soothe the body and mind, and mint to strengthen immunity, protect against infections, and aid sleep.

Our rose cream and oil, prepared following centuries-old recipes from one of the oldest pharmacies in Europe, infuse our treatments with their joyful aroma, tone the skin, and even act as a natural aphrodisiac.



SODASHI NATURAL SKINCARE

Sodashi natural cosmetics are part of the VILLA SPA experience, offering a holistic approach to beauty that goes beyond skincare – nourishing the mind, body, soul, and emotions.

Sodashi's exceptional, unique formulas and premium natural ingredients deliver healthy, radiant skin.

The name Sodashi means wholeness, purity, and radiance. Staying true to this philosophy, we aim to meet the skin's needs on every level, complementing our local natural cosmetics with exquisite oils from the Dubrovnik region and beyond.

Villa Spa couple's experiences

Discover the world of VILLA SPA's luxurious treatments designed for couples.



VILLA SPA DALMATIAN EXTRAVAGANZA

90 min 490 € per couple

Immerse yourself in an aromatic body scrub with hand-harvested Ston sea salt and Mediterranean herbs, followed by a full-body massage with olive oil in an intimate setting designed for couples. The experience is beautifully complemented with sparkling wine and oysters*.

* Oyster availability may vary due to seasonal supply.
In such cases, our Chef will provide a suitable seafood alternative.

VILLA SPA RHAPSODY IN ROSES

90 min 480 € per couple

Relax and rediscover tranquility through the timeless aroma of roses. Enjoy a full-body massage and soothing face/scalp massage using rose oil and natural rose cream, crafted according to a centuries-old Franciscan recipe from one of Europe's oldest pharmacies. Complete your sweet escape with sparkling wine.

VILLA SPA OLIVE THERAPY 100 min 500 € per couple

Surrender to a truly Mediterranean journey inspired by the natural essences of the Istrian region. An olive-based body scrub leaves your skin velvety soft, while energizing aromatic oil rich in plant proteins and amino acids nourishes deeply. A hypoallergenic olive face cream soothes even the most sensitive skin.

Facial treatments

SAMADARA ULTIMATE AGE-DEFYING FACIAL

80 min	300 €
105 min	350 €

This deeply hydrating and nourishing treatment using Sodashi natural skincare enhances skin firmness and elasticity, reduces fine lines, and restores a youthful glow. A facial massage with Rose Quartz Crystals helps the powerful Samadara Ultimate Age-Defying Crème penetrate deeply for maximum effect. The treatment combines advanced anti-aging techniques and a radiant marine mask, leaving your skin purified, lifted, and firmed.

SIGNATURE FACIAL

60 min	205 €
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This deeply hydrating and revitalising facial is tailored to your skin's individual needs. Using high-performance natural ingredients, it enhances firmness and elasticity, reduces the appearance of fine lines, and restores a youthful glow. Gentle massage techniques stimulate circulation, while a customised mask delivers intense nourishment, leaving your skin smooth, radiant, and refreshed.

SIGNATURE THERMAL INFUSING FACIAL

90 min	270 €
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We'll take your skin on a journey of total renewal, tailored to your individual needs and enhanced by a specialized facial massage. Harnessing the advanced properties of marine plants, this treatment is enriched with spirulina and algae extracts to give your skin a radiant glow. Tailored to your unique skin type, this perfect detox leaves the skin luminous and refreshed.

SAMADARA ULTIMATE AGE-DEFYING EYE TREATMENT*

30 min	85 €
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Crystals are used to gently massage the delicate eye area, restoring tone, releasing tension, and smoothing fine lines. The Samadara Ultimate Age-Defying Eye Crème is applied beneath a mineral mask that gently warms to enhance the absorption of botanical essences into the deeper layers of the skin.

*** Add-On Service**
(Available only with signature facial treatments)

MEN'S FACIAL

60 min	205 €
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Specially designed for men's skin, this Sodashi facial includes cleansing exfoliation, facial massage, and a nourishing mask that tones, revitalizes, and refreshes the skin.

SIGNATURE FAST GLOW FACIAL MASSAGE – Stop and Relax

30 min

90 €

A facial massage with powerful lifting movements designed to tone, improve circulation, and stimulate facial muscles. For enhanced results, this treatment can be combined with any facial or booked on its own.

SIGNATURE GUA SHA FACIAL MASSAGE

40 min

100 €

This rejuvenating facial uses a specially crafted gua sha stone to stimulate facial circulation, relax muscles, smooth the skin, and boost collagen production. The result is a glowing, healthy complexion. Can be booked independently or as an add-on to any treatment.

SIGNATURE FACIAL ACUPRESSURE

40 min

100 €

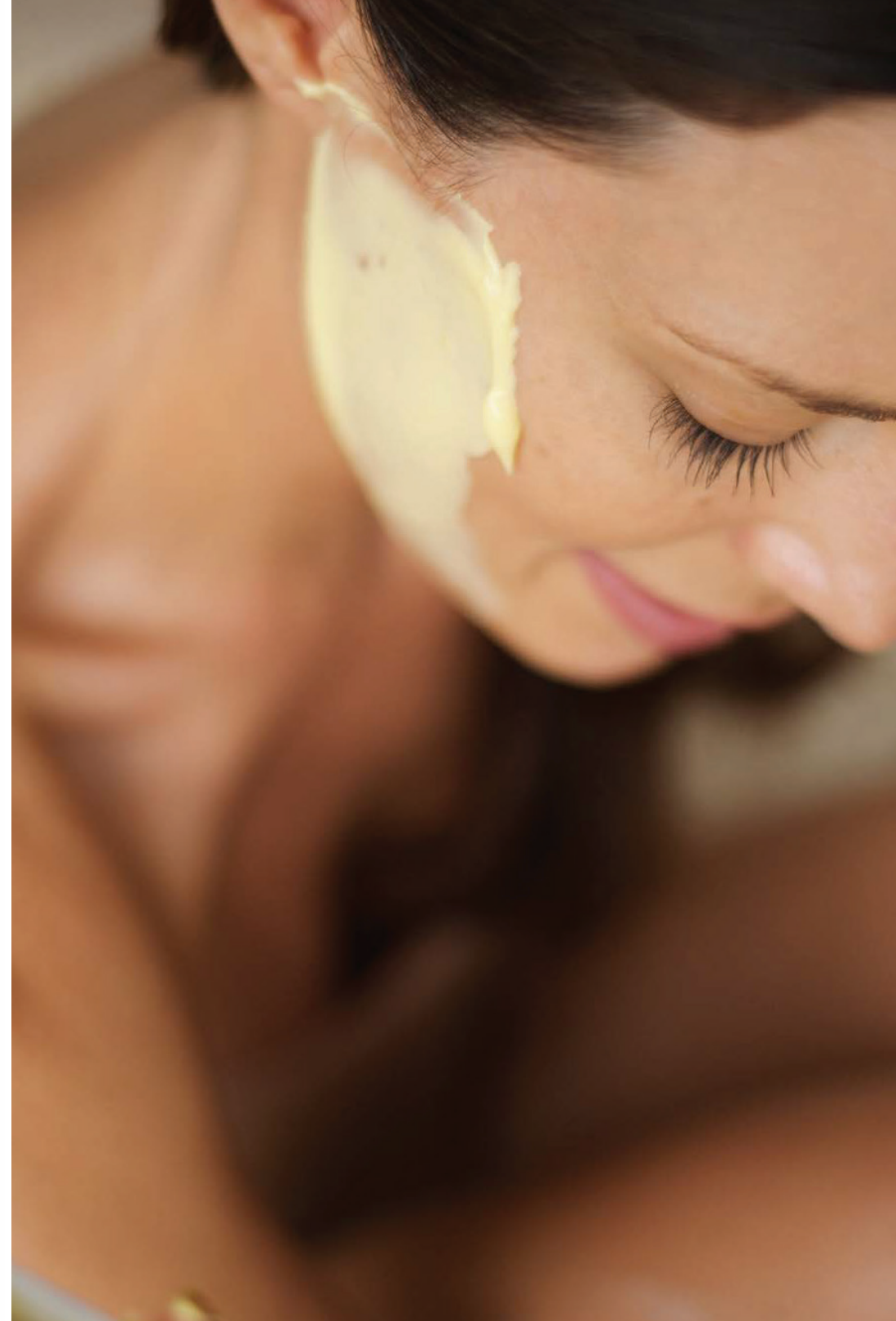
Facial acupressure uses gentle finger pressure on specific points to stimulate energy flow. This treatment enhances natural facial beauty by reducing signs of aging, lifting and firming the skin, minimizing double chin, relieving sinus pain and headaches, relaxing eye muscles, and assisting with acne concerns.

FACIAL FOR WOMEN IN MENOPAUSE

45 min

120 €

This facial is designed for women experiencing the effects of menopause, helping relieve dry skin, diminish newly formed wrinkles, and restore lost firmness and elasticity.



Villa Spa body massages

A dream encounter – the perfect touch that unites soul and body. A world of harmony and pleasure. Treatments that awaken the senses, using natural Dalmatian oils or premium Sodashi products.

EXPERIENCE MASSAGE

60 min	180 €
90 min	265 €

A full-body massage designed to meet your specific needs with personalized techniques and a selection of natural local oils.

DEEP TISSUE MASSAGE

60 min	185 €
90 min	270 €

Using natural local oils and deep pressure techniques, this massage targets muscle layers to release stress, tension, and lactic acid buildup.

CRYSTALUS MASSAGE

80 min	240 €
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A signature sensory journey for the mind, body, and spirit using ancient healing crystals. Deeply relaxing, this massage helps release stress on the deepest levels.

MEDITERRANEAN RELAXING MASSAGE

60 min	180 €
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A soothing full-body massage inspired by the sea, combining natural Mediterranean herbal oils and wave-like massage techniques to fully relax your body and mind.

NEW MOM MASSAGE

60 min	155 €
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A gentle, nurturing massage designed for new mothers to support their body's balance through natural Sodashi products.

DESTRESS MASSAGE

45 min	145 €
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This focused massage of the back, neck, décolleté, and face helps relieve tension and release accumulated stress.

Villa Spa body treatments

The body recognizes, feels, and breathes through movement and touch — embracing the gifts of purity, water, essences, and salt.

SIGNATURE VILLA SPA FULL BODY SCRUB

30 min

90 €

Smooth away rough skin with this gentle exfoliation treatment, ideal for dry or dull skin. A highly relaxing experience leaving the skin silky soft. Choose your perfect scrub in consultation with our therapists.

MEDITERRANEAN SCRUB

Hand-harvested Ston salt and Mediterranean herbs deeply cleanse and smooth the skin.

OLIVE SCRUB

A gentle, antioxidant-rich exfoliation using olive pomace and olive oil to nourish and tone the skin.

BODY RITUALS

60 min

170 €

Jojoba, Himalayan Salt, Vanilla
A gentle full-body exfoliation using jojoba beads, Himalayan salt, or vanilla enriched with natural aromas. This treatment removes dead skin cells, oxygenates the skin, and is ideal for sensitive skin types - pure indulgence in expert hands.

MINT FOOT THERAPY

30 min

85 €

Soothe and revive tired feet with a sea salt scrub that refreshes the skin and stimulates circulation. A natural foot cream with mint, arnica, lavender, and paprika is massaged into the feet and lower legs for total relaxation and improved circulation.

SCALP TREATMENT

30 min

85 €

Release all tension with a warm aromatic wrap followed by a nourishing oil massage of the scalp, leaving hair silky, soft, and deeply conditioned.

MUDNESS – MUD THERAPY

60 min

180 €

For centuries, mud therapy has been used to promote health and full-body relaxation. This thermal body treatment deeply penetrates the skin, releasing tension, purifying the body, and nourishing the skin with essential minerals.

AFTERSUN TREATMENT

45 min

150 €

A deeply hydrating and soothing body treatment designed to restore and rehydrate the skin after sun exposure, using active ingredients such as aloe vera and lavender.

Villa Spa signature rituals

EXPERIENCE MASSAGE WITH BODY SCRUB

90 min

260 €

A natural scrub of your choice will gently exfoliate the skin, leaving it radiant and renewed. Followed by a deeply relaxing full-body aromatherapy massage using natural olive oil essences, tailored to your individual needs for a truly Mediterranean experience.

EXCLUSIVE & ROMANTIC EXPERIENCE – PRIVATE SPA

240 min

1200 €

Indulge in a truly unique romantic escape with exclusive evening access (8 p.m. – midnight) to the entire Villa Spa. Share intimate moments with your partner in complete privacy, enjoying the full spa facilities including saunas, relaxation lounge, and indoor pool.

Enhance your experience by choosing one of our signature couple's treatments in consultation with your personal therapist. Complete your evening with sparkling wine, savory and sweet delicacies specially prepared for you.

**Advance reservation required
at least 24 hours prior.**



Mindfulness & movement

A holistic approach that blends movement with present-moment awareness, creating a powerful synergy for stress reduction and mental clarity. Perfect for those seeking a personalized journey guided by a professional yoga therapist, connecting mind and body through conscious breathing, movement, and presence.

MINDFULNESS MORNING RADIANCE

Sunrise Ascent	240 min	385 € per person
to Srđ Mountain	240 min	525 € per couple

Begin your day with a transformative adventure that blends nature, mindfulness, and breathtaking views. Starting at 6 AM, this sunrise experience reconnects you with the stunning beauty of Dubrovnik's surroundings. Energize your body and mind through mindful hiking, while the rising sun fills you with vitality and peace.

At the summit, unwind with a 30-minute yoga session suitable for all levels, followed by a 15-minute guided meditation.

Descend on foot (approx. 60 min) and conclude your morning with a gourmet à la carte breakfast on the Pjerin terrace, overlooking the Old Town.

Includes: yoga mat, refreshments, light energy-boosting snack, private round-trip transfers, personal yoga guide, a 55-minute signature couples massage, and Welnamis therapy session in consultation with Villa Spa.

Reservation required at least 24 hours in advance.



SERENITY WALK – SOOTHING LOKRUM ISLAND ESCAPE

426 € per person
602 € per couple

Embark on a peaceful journey to Lokrum Island, reconnecting with nature and your inner calm. Depart at 9 AM by private boat from Dubrovnik's Old Port, accompanied by your personal yoga guide.

The experience begins with an introduction to the island's natural wonders, followed by Breathwalk – a 60-minute meditative walk through Lokrum's pine forest, enhanced with calming breathing exercises.

Reaching a secluded grove, enjoy gentle yoga stretches and meditation, creating a deep mind-body harmony.

Afterwards, refresh with a drink and explore the island's hidden corners – visit botanical gardens, swim in the crystal-clear sea, try cliff-jumping, or relax under ancient olive trees.

End your journey with an optional freshly prepared traditional lunch at Restaurant Giardino, nestled in the peaceful garden of Villa Dubrovnik.

Includes: private yoga guide (up to 3 hours), private transfer to/from the Old Town, refreshments, yoga mat, boat tickets to Lokrum Nature Reserve, a 55-minute signature massage, and a 30-minute Welnamis therapy session.

Reservation required at least 24 hours in advance.

PRIVATE YOGA SESSION

60 min

144 €

Reconnect mind and body with a professional yoga guide at sunrise on the most scenic terrace of Villa Dubrovnik, offering unforgettable views of the Old Town.

Reservation required at least 24 hours in advance.

PRIVATE COUPLES YOGA SESSION

60 min

150 €

Deepen your connection with your partner through movement and mindfulness. Experience intimacy, trust, and relaxation guided by a master yoga instructor as the sun rises over Dubrovnik.

Reservation required at least 24 hours in advance.

PRIVATE FITNESS SESSION

60 min

140 € per person
150 € per couple

Stay fit or kickstart your wellness journey with a personalized circuit workout, **Fit boxing class or Strength Class** led by a professional fitness trainer.

Reservation required at least 24 hours in advance.

Special hands-free relaxation treatment

WELNAMIS THERAPY BED

Experience Welnamis – an award-winning acoustic and vibrational therapy bed designed to guide your mind into deep relaxation states. Using specific sound waves and binaural frequencies, Welnamis delivers profound relaxation even to the busiest minds. While lying comfortably, dynamic vibrational frequencies and multi-layered audio programs harmonize body and mind, stimulating your energy centers.

CHOOSE FROM FOUR SPECIALLY DESIGNED PROGRAMS:

- **Stress Relief** is ideal for first-time users, promotes deep relaxation while maintaining a state of mental presence.
- **Mindfulness** activates creativity, intuition, dreams, and promotes light sleep, often connected to the REM phase of sleep.
- **Powernap** stimulates a deep regenerative state associated with deep sleep, which is the most restorative part of the cycle and extremely beneficial for people struggling with insomnia.
- **Awareness** is the most innovative program, designed to enhance perception, learning, problem-solving, and enable fast and efficient thinking.

WELNAMIS TREATMENTS	30 min	100 €
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WELNAMIS TREATMENT ADD-ONS:

Choose one of the Welnamis programs for complete body and mind relaxation, then continue your experience with one of the following additional treatments:

FACE, FOOT, OR HEAD MASSAGE	30 min	85 €
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FULL BODY MASSAGE AFTER THE WELNAMIS SESSION	60 min	160 €
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VILLA SPA WELNAMIS SIGNATURE RITUAL	120 min	320 €
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A treatment that combines the power of touch, nature, sound, and vibration technology for the ultimate relaxation. A natural body scrub removes dead skin cells, leaving the skin radiant. This is followed by relaxation on the Welnamis bed and a full body massage with natural oils of your choice. Complete the experience with a detox smoothie and additional relaxation in the spa zone or by the pool.

Villa Spa beauty

*We experience and
connect with the world
through our hands and
feet – a world defined by
beauty, form, and health.*



VILLA SPA O·P·I MANICURE

VILLA SPA LUXURY MANICURE	75 min	115 €
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A manicure with a deep exfoliation treatment for soft and smooth skin, followed by nail buffing and polish application.

VILLA SPA MANICURE	60 min	80 €
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Includes cuticle removal, nail shaping, exfoliation, buffing, and polish application.

REMOVAL OF GEL POLISH	30 min	30 €
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VILLA SPA O·P·I PEDICURE

VILLA SPA LUXURY PEDICURE	90 min	120 €
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A pedicure with a deep exfoliation treatment for soft and smooth skin, followed by nail buffing and polish application.

VILLA SPA PEDICURE	75 min	90 €
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Includes nail shaping, cuticle removal, buffing, and polish application.

Villa Spa waxing

FULL LEGS	60 min	70 €
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HALF LEGS	30 min	45 €
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BIKINI AREA	30 min	50 €
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UNDERARMS	15 min	30 €
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ARMS	15 min	30 €
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UPPER LIP	10 min	15 €
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CHEST OR BACK (MEN)	30 min	40 €
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EYEBROW SHAPING	15 min	20 €
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Villa Spa house rules

BOOKING YOUR TREATMENT

We recommend booking in advance to secure your preferred date and time.

CANCELLATIONS

If you need to cancel, change, or reschedule your appointment, please do so at least 6 hours prior to your scheduled treatment. Cancellations made later will be fully charged.

PRIOR TO YOUR TREATMENT

Please arrive at the Villa Spa reception 15 minutes before your scheduled appointment so we can properly prepare you for your treatment.

MOBILE PHONE POLICY

We kindly ask you to switch off your mobile phone upon entering the Villa Spa.

SPA ETIQUETTE

The spa environment is a place of peace and tranquility. Please respect the quiet of the premises and the privacy of other guests by speaking softly.

SPECIAL NOTICE

TVs or music cannot be played loudly to maintain a peaceful environment for all Spa & Fitness guests.

SMOKING POLICY

The Villa Spa zone is strictly non-smoking. We kindly ask you to refrain from smoking while in the Spa & Gym.

VALUABLES AND MONEY

We advise against wearing jewelry during treatments. Please leave your valuables in your room. The hotel does not take responsibility for valuables not stored in the in-room safe.

HEALTH CONCERNS

Please inform us of any medical conditions or special needs prior to your treatment. You will be asked to complete a consultation form before your treatment so our therapists can customize the experience to your needs.

RELAX ZONE

Before and during the use of the RELAX ZONE (saunas), guests are required to shower and use towels for drying. Please note that the Finnish and steam saunas are not recommended for pregnant women or guests with certain health conditions. Saunas are to be used without swimwear.

CHILDREN IN THE SPA

The spa area is not recommended for children under the age of 16. If children are with you, please take full responsibility for their safety and consider the relaxation of other guests.

FITNESS/GYM ZONE

Guests are required to wear sports attire when using the gym facilities.

VILLA SPA WILL NOT BE HELD RESPONSIBLE FOR ANY INJURIES OR DAMAGES OF ANY KIND RESULTING FROM THE DIRECT USE OF VILLA SPA OR FITNESS CENTER FACILITIES.

**Thank you for visiting
Villa Spa.**

**We hope you enjoy
your stay!**





VILLA DUBROVNIK

DUBROVNIK

VILLA SPA ADDRESS & CONTACT

VILLA DUBROVNIK
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SPA RESERVATIONS

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OPENING HOURS

8 a.m. – 9 p.m.

For individual bookings, please contact
the VILLA SPA reception.

VAT is included in all prices. Prices and treatments
are subject to change without prior notice.
Spa menu valid from March 31, 2025.



THE LEADING HOTELS
OF THE WORLD®